

M E N U
WEEK 1 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CREAMY CHICKEN & SWEETCORN PIE, GARLIC & HERB POTATOES,
SAUTED GREEN BEANS & FRESHLY PREPARED SALAD

OR

TORTELLINI PASTA IN A CREAMY WHITE SAUCE WITH GARLIC
BREAD

ANGEL DELIGHT OR HOME RICE PUDDING WITH NUTMEG

EVENING MEAL

SOUP OF THE DAY & GRILLED CHEESE ON TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

FRUIT SALAD WITH CARNATION MILK OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 1 – TUESDAY

B R E A K F A S T – OMLETTE MORNING

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

D I N N E R

LAMB SHEPARDS PIE WITH CREAMED MASH, PEAS & CARROTS,
& GRAVY

OR

BEEF & VEGETABLE PIE WITH GRAVY, CREAMED MASH
& SALAD

APPLE PIE WITH CUSTARD OR ICE CREAM

E V E N I N G M E A L – AMERICAN NIGHT

HOT DOG & ONIONS

OR

PANCAKES WITH SELECTION OF SAUCES & TOPPINGS

JAM ROLY POLY WITH CUSTARD OR MUFFINS

S U P P E R

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 1 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CORNED BEEF HOTPOT WITH PASTRY CRUST, CARROTS &
POTATOES SERVED WITH BEETROOT

OR

SAUSAGE & MASH

FRUIT COCKTAIL FLAN OR ICE CREAM

EVENING MEAL

FISH CAKES & CHIPS OR WITH MEXICAN RICE

OR

CHEESE & ONION QUICHE

FRUIT YOGHURTS OR EGG CUSTARDS

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 1 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

PULLED BEEF WITH GARLIC & HERB POTATOES, SAUTED
MUSHROOMS & SALAD
OR
CHEESE & ONION PIE WITH CHIPS
STRAWBERRY CHEESECAKE OR HOMEMADE RICE PUDDING

EVENING MEAL

CAULIFLOUR CHEESE WITH TOMATO SALAD
OR
SCRAMBLED EGG , SPINICH & CHORIZO WRAP WITH SEASONED
WEDGES & SALAD
BANANAS & CUSTARD OR MINI SWISS ROLLS

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 1 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BATTERED COD FISH WITH CHIPS, MUSHY PEAS & SALAD
OR

VEGGIE FINGERS/ BURGER WITH COLESLAW & CHIPS

HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE,
BEANS, COLESLAW, CHILLI OR TUNA WITH SALAD

OR

BACON BUTTYS/ SANDWICHES

CUSTARD & JELLY TRIFLE OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 1 – SATURDAY

BREAKFAST – FRY UP DAY

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

STEAK PUDDING WITH GRAVY, SEASONAL VEGETABLES & CHIPS

OR

CHICKEN & SPINICH PIE WITH SEASONAL VEGETABLES & CHIPS

PROFITEROLES OR MIXED FRUITS

EVENING MEAL

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD

OR

SOUP OF THE DAY / SELECTION OF SANDWICHES WITH DIFFERENT
FILLINGS

ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST

TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 1 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

ROAST CHICKEN WITH ALL THE TRIMMINGS – YORKSHIRE PUDDINGS, SPROUTS, GRAVY & SALAD
OR

INTERNATIONAL FOOD DAY – CHICKEN BIRYANI WITH SALAD & MINT YOGHURT

CHOCOLATE GATAUX OR TRIFLE

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES, SCOTCH EGGS, SAUSAGE ROLLS & SELECTION OF SANDWICHES & SALAD

CARROT CAKE OR APPLE STRUDEL WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 2 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

INTERNATIONAL FOOD DAY – EGG NOODLE STIR FRY WITH
MUSHROOMS AND VEGETABLES, VEG SPRING ROLLS & SALAD

OR

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE, BEANS,
COLESLAW, CHILLI OR TUNA WITH SALAD

CHOCOLATE MOUSSE WITH MIXED FRUITS OR RICE PUDDING

EVENING MEAL

SOUP OF THE DAY & GRILLED CHEESE ON TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

FRUIT SALAD OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 2 – TUESDAY

B R E A K F A S T – OMLETTE MORNING

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

D I N N E R

KENTUCKY FRIED CHICKEN WITH CHIPS & SALAD
OR

CORNED BEEF HASH WITH CARROTS & POTATOES SERVED WITH
BEETROOT

ICECREAM OR CHOC ICE

E V E N I N G M E A L

POTATO BAKE WITH BEANS
OR

FRIED EGG ON TOAST / SELECTION OF SANDWICHES

SWISS ROLL WITH CUSTARD OR CUPCAKES

S U P P E R

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 2 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

PORTOBELLA MUSHROOMS STUFFED WITH CHEESE TOMATO &
GARLIC, CHIPS & SALAD
OR

BEEF STEW WITH SEASONAL VEGETABLES AND POTATOES
RED VELVET CAKE OR ANGEL DELIGHT

EVENING MEAL

CHEESE BURGER WITH FRESH SALAD & SAUCES
OR

FISH FINGERS & CHIPS

FRUIT YOGHURTS OR FRUIT CUSTARDS

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 2 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CREAMY SWEETCORN PASTA BAKE WITH GARLIC BREAD & SALAD
OR
CHICKEN & CHORIZO PIE WITH GREEN BEANS & SALAD
LEMON CHEESECAKE OR CARROT CAKE

EVENING MEAL

SAUCY CHICKEN WITH PEPPERS & ONIONS SERVED WITH CHIPS
OR
FISH CAKES & CHIPS
SUMMER FRUIT CRUMBLE WITH CUSTARD OR RICE PUDDING

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 2 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BREADED COD FISH WITH CHIPS, MUSHY PEAS & SALAD
OR

BREADED SCAMPI, CHIPS WITH COLESLAW & SALAD

HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE, BEANS,
COLESLAW, CHILLI OR TUNA WITH SALAD

OR

CHEESE & ONION QUICHE WITH BEANS

CUSTARD & JELLY TRIFLE OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST

TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 2 – SATURDAY

B R E A K F A S T - FRY UP DAY

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

D I N N E R

STEAK & KIDNEY PUDDINGS WITH CHIPS GRAVY & SALAD
OR
CHICKEN/ HAM SALAD WITH POTATOES, GRILLED HALLOUMI &
SALAD
FRUIT FLAN OR MIXED FRUITS

E V E N I N G M E A L

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD
OR
SOUP OF THE DAY / SELECTION OF SANDWICHES
SWISS ROLL WITH CUSTARD OR MUFFINS

S U P P E R

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 2 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

ROAST LAMB WITH ALL THE TRIMMINGS & SALAD

OR

CHICKEN & SPINICH WITH EGG FRIED RICE, POTATOES & SALAD
STRAWBERRY GATAUUX OR MIXED FRUITS

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES, SCOTCH
EGGS, SAUSAGE ROLLS

&

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

BLACKBERRY CRUMBLE OR APPLE WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 3 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

LAMB LIVER & ONIONS WITH SEASONAL VEGETABLES, CREAMED
MASH & SALAD

OR

VEGGIE BURGER WITH CREAMED MASH, COLESLAW & SALAD

BANANA MOUSSE OR RICE PUDDING

EVENING MEAL

SOUP OF THE DAY & GRILLED CHEESE ON TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

FRUIT SALAD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 3 – TUESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CHICKEN SPAGHETTI CARBONARA IN CREAMY SAUCE WITH HERB
POTATOES & SALAD

OR

FISHERMANS PIE IN PARSLEY SAUCE & MASH

CHOC ICE OR ICE CREAM

EVENING MEAL

SAUCY CHICKEN WITH PEPPERS & ONIONS SERVED WITH CHIPS

OR

CREAMY POTATO BAKE SERVED WITH BEANS

MADIERA CAKE WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 3 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

SAUSAGES & CREAMED POTATOES WITH SEASONED VEGETABLES
& SALAD

OR

CORNED BEEF HASH WITH CARROTS & POTATOES

FRUIT COCKTAIL FLAN WITH FRESH CREAM OR ICE CREAM

EVENING MEAL

TUNA PASTA BAKE IN A CREAMY TOMATO SAUCE WITH SALAD

OR

HOT DOGS WITH ONIONS

MIXED FRUIT YOGHURT OR FRUIT CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 3 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

MINCE COTTAGE PIE WITH CREAMED POTATOES, GRAVY,
SEASONAL VEG & SALAD

OR

SPAGHETTI BOLOGNESE WITH HERB POTATOES & SALAD
CHOCOLATE CHEESECAKE OR ICE CREAM

EVENING MEAL

SCRAMBLED EGG & AUBERGINE WRAP WITH SPINICH & CHORIZO
WITH SEASONED WEDGES & SALAD

OR

CHEESY OMELETTE / CHEESE TOASTIE
RICE PUDDING OR PEARS & CREAM

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 3 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BREADED COD FISH WITH CHIPS, MUSHY PEAS & SALAD
OR
VEGGIE FINERS, CHIPS WITH COLESLAW & SALAD
HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE,
BEANS, COLESLAW, CHILLI OR TUNA WITH SALAD
OR
CHEESE & TOMATO PITTA BREAD WITH MUSHROOMS, SALAD
AND SAUCES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 3 – SATURDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

STEAK & KIDNEY PUDDINGS WITH CHIPS GRAVY & SALAD
OR
CHICKEN & SWEETCORN PIE WITH HERB POTATOES, SEASONED
VEG & SALAD
PROFITEROLES OR MIXED FRUITS

EVENING MEAL

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD
OR
SOUP OF THE DAY / SELECTION OF SANDWICHES

ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 3 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BEEF WELLINGTON WITH ALL THE TRIMMINGS, GRAVY & SALAD
OR

CHICKEN STEAK WITH EGG FRIED RICE, POTATOES & SALAD
STRAWBERRY GATAUUX OR MIXED FRUITS

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES,
SCOTCH EGGS, SAUSAGE ROLLS

&

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

SUMMER FRUIT CRUMBLE OR APPLE WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER
KNOW AND WE WILL BE HAPPY TO MAKE YOU SOMETHING
DIFFERENT

M E N U
WEEK 4 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

SWEET AND SOUR CHICKEN ON A BED OF RICE, SEASONAL
VEGETABLES & SALAD

OR

BEEF & VEGETABLE PIE WITH GRAVY & SALAD

STRAWBERRY MOUSSE OR RICE PUDDING

EVENING MEAL

SOUP OF THE DAY WITH GRILLED CHEESE TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

FRUIT SALAD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 4 – TUESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

SPAGHETTI BOLOGNESE WITH PEAS & SALAD
OR
MINCE PIE WITH SLICED POTATOES MIXED SEASONAL
VEGETABLES & SALAD
CHOC ICE OR ICE CREAM

EVENING MEAL

CHEESE BURGER & CHIPS WITH SALAD
OR
FISH CAKES SERVED WITH MEXICAN RICE
VICTORIA SPONGE OR BLUEBERRY MUFFIN

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER
KNOW AND WE WILL BE HAPPY TO MAKE YOU SOMETHING
DIFFERENT

M E N U
WEEK 4 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CORNED BEEF HASH WITH CARROTS, POTATOES & GRAVY SERVED
WITH BEETROOT

OR

SAUSAGE & MASH

RED VELVET CAKE OR FRUIT COCKTAIL

EVENING MEAL

JUMBO CHEESE & TOMATO MUSHROOMS WITH CHIPS

OR

FRIED EGG ON TOAST

CHOCOLATE STRAWBERRIES OR RICE PUDDING

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 4 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BEEF STEAK WITH GRAVY, GARLIC & HERB POTATOES, SAUTED
MUSHROOMS & SALAD

OR

CHICKEN WRAPS WITH PEPPERS & ONIONS WITH SEASONED
WEDGES

MIXED FRUIT CHEESECAKE OR ICE CREAM

EVENING MEAL

ROASTED TOMATO & FETA QUICHE, CHIPS WITH SALAD

OR

CREAMY CAULIFLOUR CHEESE & SALAD

RICE PUDDING OR SWISS ROLLS

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 4 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BATTERED COD FISH WITH CHIPS, MUSHY PEAS & SALAD
OR

VEGGIE FINGERS, CHIPS WITH COLESLAW & SALAD

HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE,
BEANS, COLESLAW, CHILLI OR TUNA WITH SALAD

OR

SAUCY CHICKEN WITH ROASTED PEPPERS SERVED ON A BED OF
CHIPS

CUSTARD & JELLY TRIFLE OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
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M E N U
WEEK 4 – SATURDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

STEAK PUDDINGS WITH CHIPS GRAVY & SALAD
OR

CHICKEN / HAM SALAD WITH HERB POTATOES & GRILLED
HALLOUMI

MIXED FRUITS OR FRUIT FLAN

EVENING MEAL

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD

OR

SOUP OF THE DAY / SELECTION OF SANDWICHES

SWISS ROLL WITH CUSTARD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 4 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

ROAST CHICKEN WITH ALL THE TRIMMINGS, GRAVY & SALAD
OR
BEEF STEAK WITH EGG FRIED RICE, HERB POTATOES & SALAD
BLACK FOREST GATAUOX OR MIXED FRUITS

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES, SCOTCH
EGGS, SAUSAGE ROLLS
&
SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS
RUBARB CRUMBLE OR APPLE WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 5 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BEEF STEW WITH SEASONAL VEGETABLES & POTATOES

OR

SHREDDED LAMB WITH GARLIC & HERB POTATOES WITH
VEGETABLES

CHOCOLATE MOUSSE OR RICE PUDDING

EVENING MEAL

SOUP OF THE DAY WITH GRILLED CHEESE TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

FRUIT SALAD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 5 – TUESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CHICKEN & MUSHROOM PIE, GREEN BEANS, GARLIC POTATOES
& SALAD

OR

CHEESE & ONLINE PIE, SEASONED VEGETABLES, GRAVY & SALAD

CHOC ICE OR ICE CREAM

EVENING MEAL

HOT DOGS & ONIONS WITH SALAD

OR

CHEESY OMELETTE WITH TOAST

SWISS ROLL WITH CUSTARD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST

TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER
KNOW AND WE WILL BE HAPPY TO MAKE YOU SOMETHING
DIFFERENT

M E N U
WEEK 5 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

SHEPARDS PIE WITH MASH, GRAVY, STEAMED PETITS POI & SALAD
OR
SAUSAGES & CREAMED MASH WITH GRAVY & SALAD
CARROT CAKE OR BROWNIES WITH ICECREAM

EVENING MEAL

TUNA PASTA IN A TOMATO SAUCE WITH FRESH SALAD
OR
PANCAKES WITH A SELECTION OF SAUCES & FRESH FRUIT
FRUIT YOGHURT OR FRUIT CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 5 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

KENTUCKY FRIED CHICKEN, CHIPS & SALAD
OR
CORNED BEEF HOTPOT WITH SEASONED VEG & BEETROOT
CHEESECAKE OR ICE CREAM

EVENING MEAL

EGG , AUBERGINE & SPINICH WRAP WITH CHORIZO SERVED WITH
SEASONED WEDGES & SALAD
OR
EGG ON TOAST
RICE PUDDING OR PEARS & CREAM

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 5 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BATTERED COD FISH WITH CHIPS, MUSHY PEAS & SALAD

OR

4 CHEESE TORTELLINI WITH HERB POTATOES, GARLIC BREAD &
SALAD

HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE,
BEANS, COLESLAW, CHILLI OR TUNA WITH SALAD

OR

CHEESE & ONION QUICHE SERVED WITH BEANS & SALAD

CUSTARD & JELLY TRIFLE OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 5 – SATURDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

STEAK PUDDINGS WITH SEASONAL VEGETABLES, CHIPS, GRAVY &
SALAD
OR
CHICKEN & SPINICH PIE WITH SEASONED VEGETABLE & SALAD
PROFITEROLES OR FRESH MIXED FRUITS

EVENING MEAL

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD
OR
SOUP OF THE DAY / SELECTION OF SANDWICHES

ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 5 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

ROAST LAMB WITH ALL THE TRIMMINGS, GRAVY & SALAD
OR
CHICKEN BIRYANI WITH MINT YOGHURT & SALAD
BLACK FOREST GATAUUX OR MIXED FRUITS

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES, SCOTCH
EGGS, SAUSAGE ROLLS
&
SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS
SUMMER FRUIT CRUMBLE OR APPLE STRUDEL WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 6 – MONDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

CORNED BEEF HASH WITH CARROTS, POTATOES IN GRAVY WITH
BEETROOT

OR

FISHERMANS PIE IN PARSLEY SAUCE & SALAD
STRAWBERRY MOUSSE OR RICE PUDDING

EVENING MEAL

SOUP OF THE DAY WITH GRILLED CHEESE TOAST

OR

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS
FRESH FRUIT SALAD OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 6 – TUESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

PORTOBELLO MUSHROOMS STUFFED WITH CHEESE, TOMATO &
GARLIC WITH CHIPS & SALAD

OR

MACARONI & CHEESE WITH GARLIC BREAD & SALAD
HOMEMADE BROWNIES WITH ICE CREAM OR CHOC ICE

EVENING MEAL

FISH CAKES WITH MEXICAN RICE

OR

BACON & EGG SANDWICHES
SWISS ROLL OR ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 6 – WEDNESDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BEEF STEW WITH SEASONED VEG & POTATOS IN GRAVY
OR
LAMB & POTATO PIE WITH SEASONED VEGETABLES
FRUIT COCKTAIL FLAN CASE OR ICE CREAM

EVENING MEAL

JUMBO HOT DOGS & ONIONS
OR
EGGS BEANS ON TOAST / SELECTION OF SANDWICHES
FRUIT YOGHURT OR CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

DON'T SEE WHAT YOU FANCY? JUST LET A STAFF MEMBER KNOW
AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 6 – THURSDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES
COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

SWEET & SOUR CHICKEN ON A BED OF RICE WITH SEASONAL
VEGETABLES & SALAD

OR

COTTAGE PIE WITH CREAMED POTATOES, GRAVY & SALAD
CHEESECAKE OR CHOC ICE

EVENING MEAL

CREAMY POTATO BAKE SERVED WITH BEANS

OR

CHEESY OMELETTE WITH TOAST
RICE PUDDING OR PEARS & CREAM

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 6 – FRIDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES, FRESH
FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BATTERED COD FISH WITH CHIPS, MUSHY PEAS & SALAD

OR

CHEESE & ONION PIE WITH BEANS, CHIPS & SALAD

HOMEMADE CINNABONS OR CHOC ICE

EVENING MEAL

JACKET POTATO WITH A SELECTION OF TOPPINGS – CHEESE,
BEANS, COLESLAW, CHILLI OR TUNA WITH SALAD

OR

SOUP OF THE DAY/ BACON BUTTY

CUSTARD & JELLY TRIFLE OR CUPCAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST

TEA, COFFEE OR FRESH FRUIT JUICES

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AND WE WILL BE HAPPY TO MAKE YOU SOMETHING DIFFERENT

M E N U
WEEK 6 – SATURDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

STEAK & KIDNEY PUDDINGS WITH SEASONAL VEGETABLES, CHIPS,
GRAVY & SALAD

OR

CHICKEN & SWEETCORN PIE WITH SEASONED VEGETABLE &
SALAD

PROFITEROLES OR FRESH MIXED FRUITS

EVENING MEAL

PIZZA WITH VARIETY OF TOPPINGS, GARLIC BREAD & SALAD

OR

SOUP OF THE DAY / SELECTION OF SANDWICHES

ASSORTED CAKES

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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M E N U
WEEK 6 – SUNDAY

BREAKFAST

A SELECTION OF CEREALS, PORRIDGE, TOAST & PRESERVES,
FRESH FRUIT, TEA, COFFEE & FRESH FRUIT JUICES

COOKED BREAKFAST AVAILABLE ON REQUEST

DINNER

BEEF WELLINGTON WITH ALL THE TRIMMINGS, GRAVY & SALAD

OR

CHICKEN STEAK WITH SEASONED VEG, GRAVY & SALAD

CHOCOLATE GATAUUX OR MIXED FRUITS

EVENING MEAL

BUFFET TEA – CHEESE & ONION PASTY BITES, PORK PIES, SCOTCH
EGGS, SAUSAGE ROLLS

&

SELECTION OF SANDWICHES WITH DIFFERENT FILLINGS

SUMMER FRUIT CRUMBLE OR APPLE STRUDEL WITH CUSTARD

SUPPER

SWEET & SAVOURY SNACKS OF CHOICE AVAILABLE ON REQUEST
TEA, COFFEE OR FRESH FRUIT JUICES

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